

Character Strength Frequency Grid

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Authorities = <u>Popular Traits:</u>	Positive Psychology	Character Counts	Lickona & Davidson	Bulach's 16	Search Institute's Internal Assets	<u>Total:</u>
Care	Love	x	Love	x	x	5
Teamwork	x	Citizenship	x	Sportsman.	Cultural comptnce	5
Fairness	x	x	x	x	Equality/justice*	4.5
Honesty	x	#	x	x	x	4.5
Self-control	x	#	x	x	Restraint	4.5
Diligence	Prudence	#	x	x	Achievement	4.5
Responsibility		x	x	x	x	4
Humility	x	#Serving	x	x	Integrity *	4
Open-minded	x	#	Ethical thinker	Toler/divers	Conflict resolution *	4
Kindness	x	#	Moral action	x	Intrprsnl cmptnc *	4
Perseverance	persistence	#	Hard work	x	Integrity *	4
Trust	Social intell	Trustworthy	Social-emo skill		Intrprsnl cmptnc *	3.5
Courage	bravery	#	Fortitude		Resistance skills	3.5
Respect		x	x	x	Equality/justice*	3.5
Leadership	x	#Initiative	x		Plan'g/ decsnmkg	3.5
Spirituality	Spirituality		Purpose, Spiritual		Purpose	3
Forgiveness	x	#	^^	x		3
Learning	Love learn'g		Lifelong learner		x	3
Optimism	x		x		x	3
Gratitude	x	#	x			2.5
Wisdom	x		x		Conflict resolution *	2.5
Peace		#Patience	^^		Personal power	2
Confidence			^^		Self-esteem	1.5
Creativity	x		^^			1.5
Curiosity	x		^^			1.5
Joy	Zest		^^			1.5
Beauty/excell	x					1
Humor	x					1